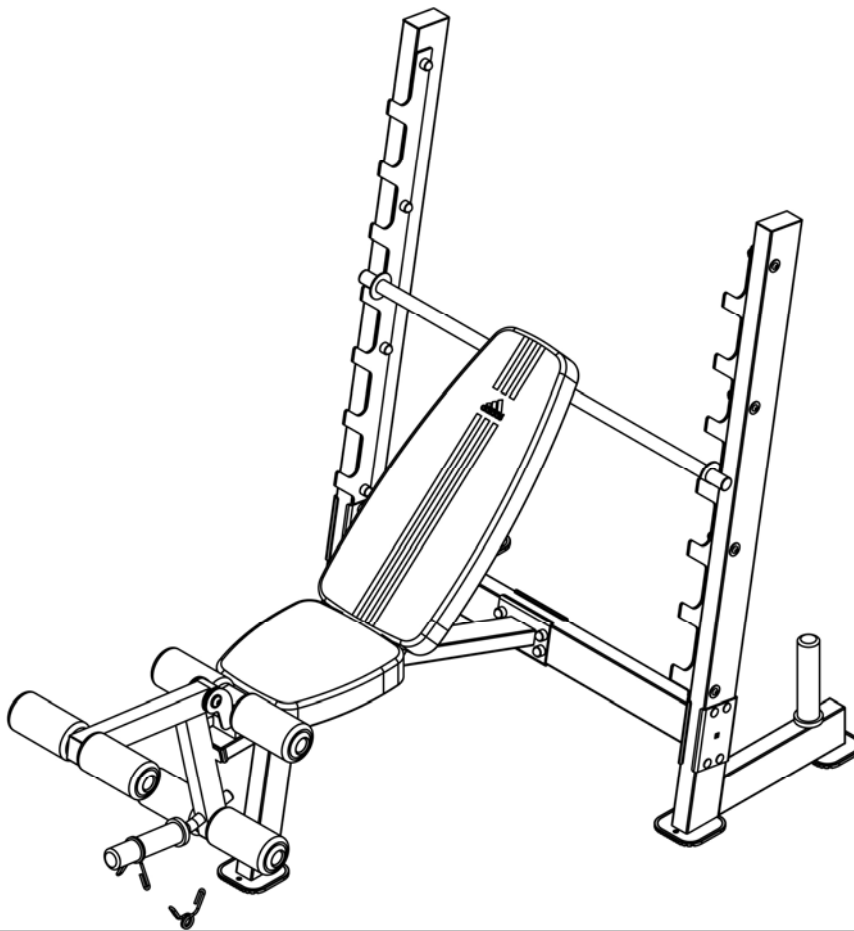




OLYMPIC BENCH ADI-700-I



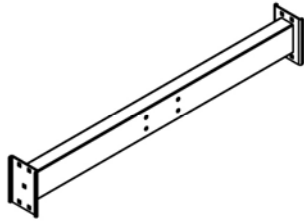
IMPORTANT: Please read the Important Safety Notice and Assembly Information in the Owner's manual before assembling this product.

Assembly Manual

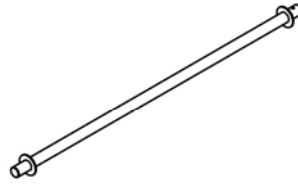
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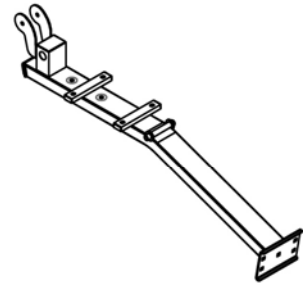
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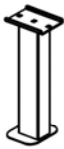
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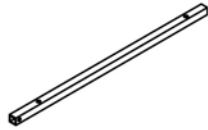
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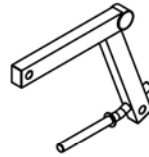
④



⑤



⑥



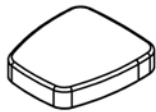
⑦



⑧



⑨



⑩



⑪



⑫



⑬



⑮



⑯



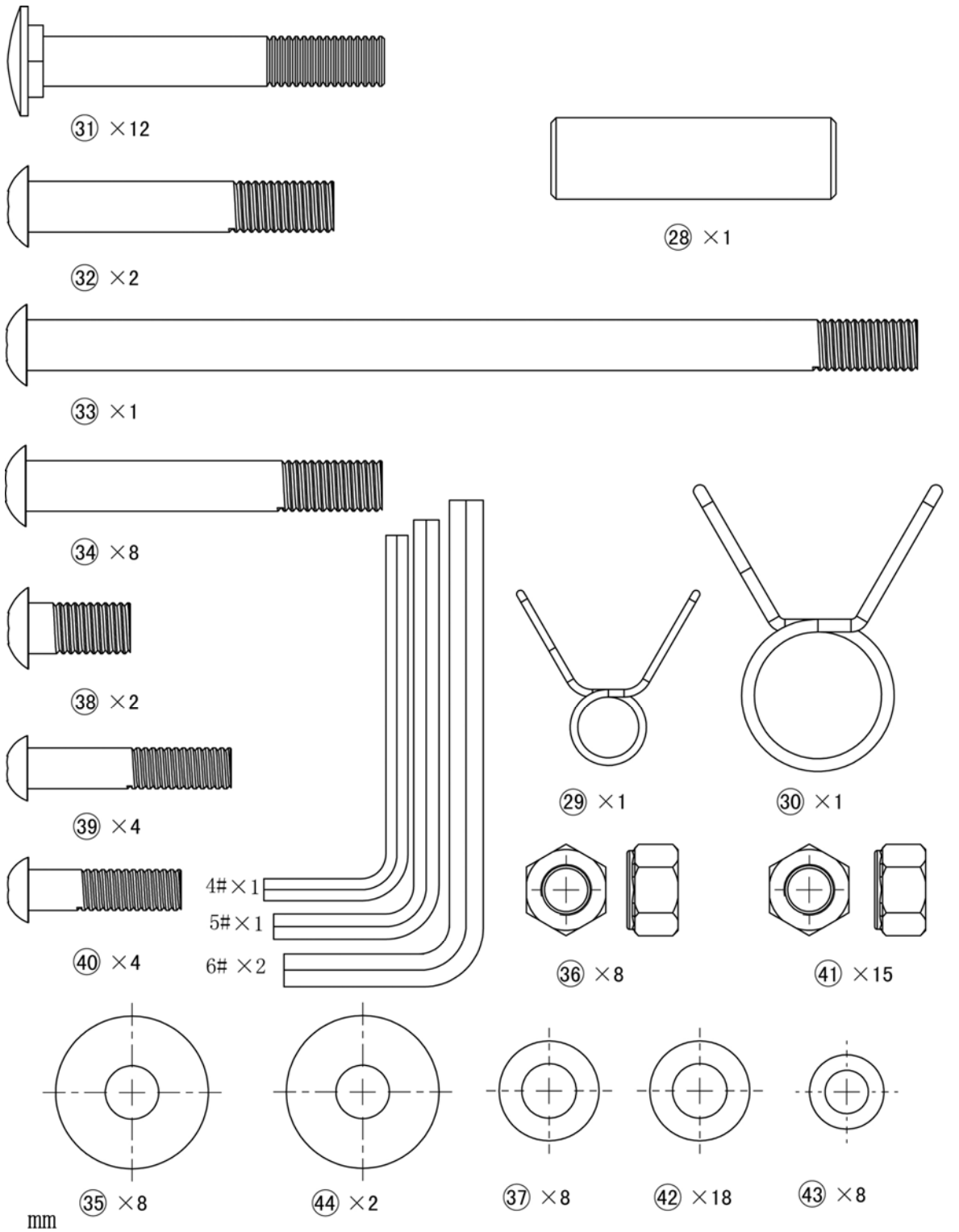
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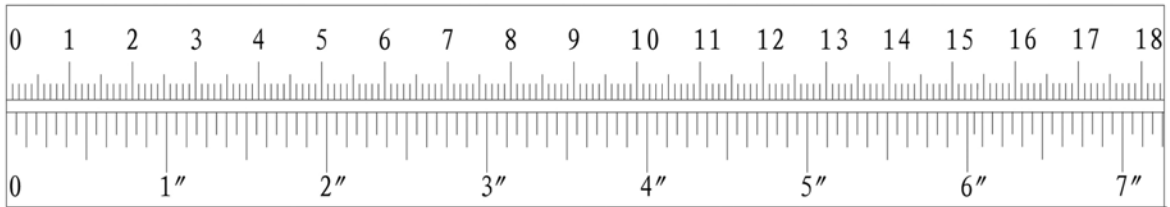
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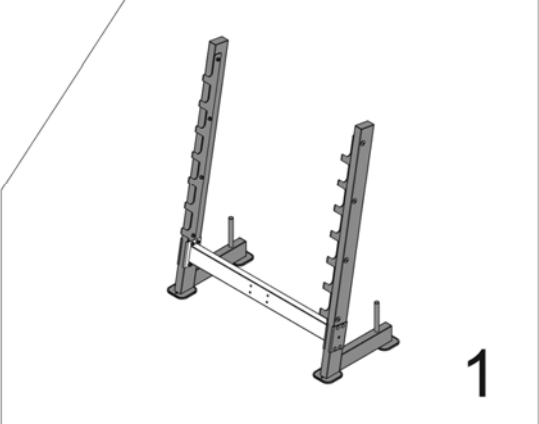
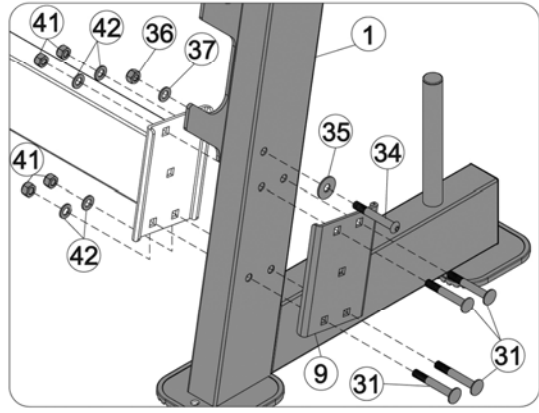
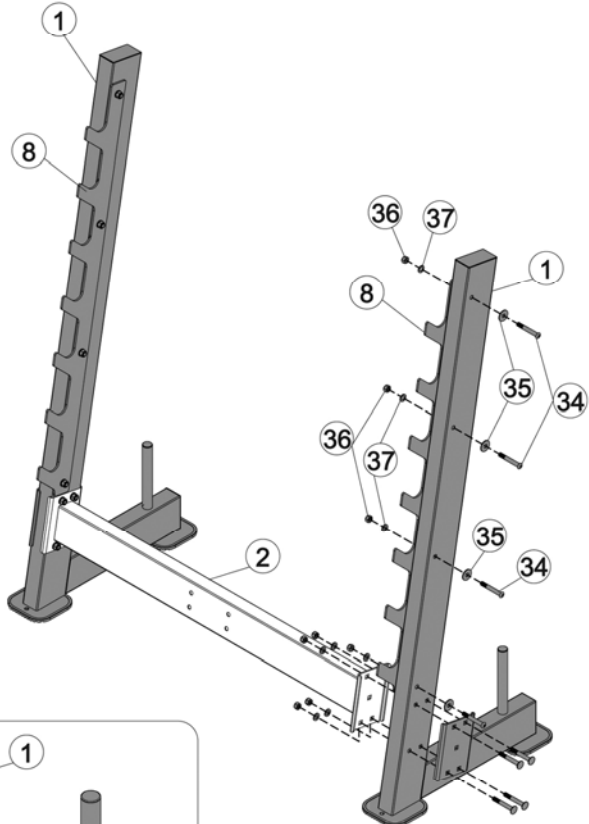
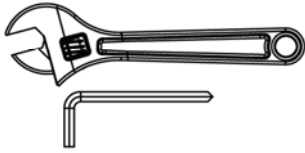
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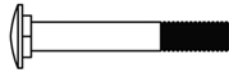
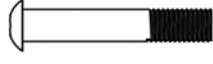






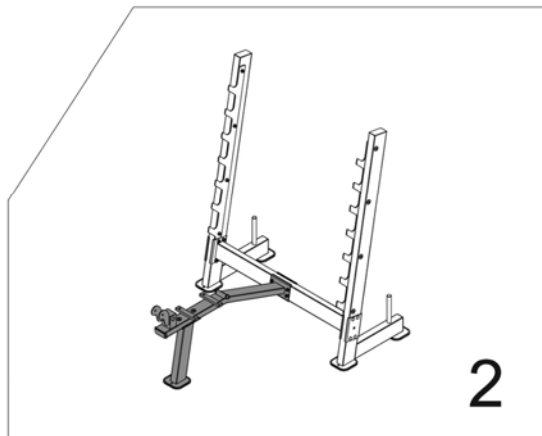
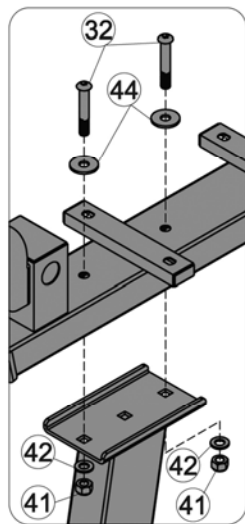
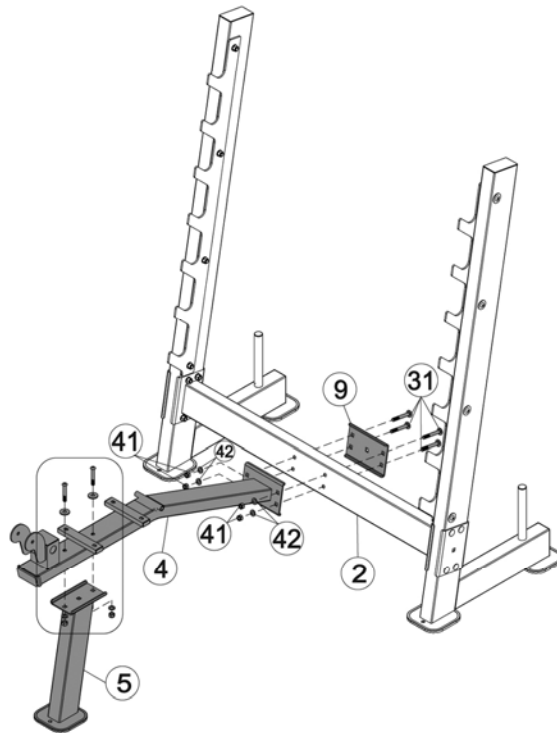
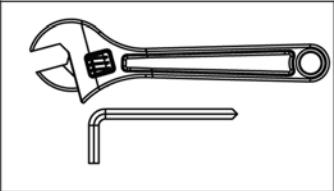
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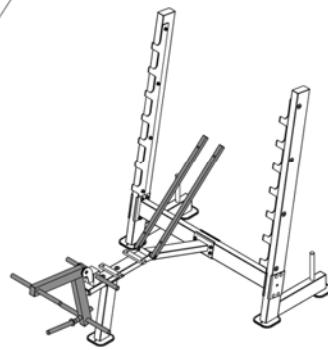
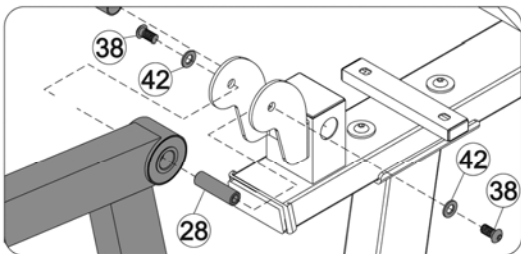
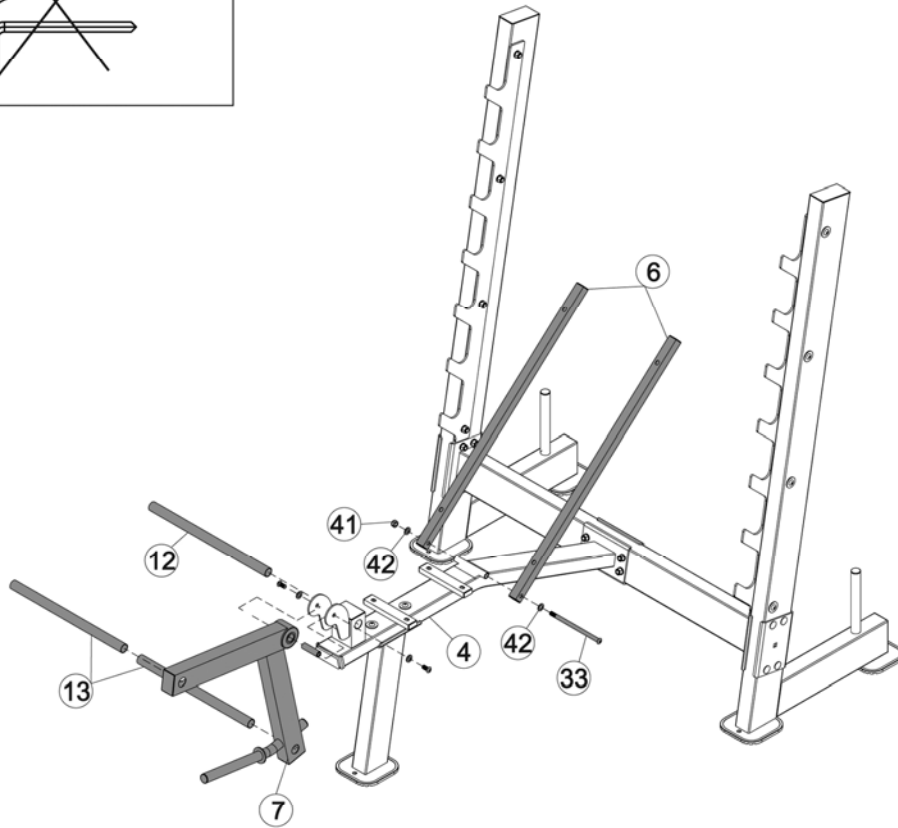
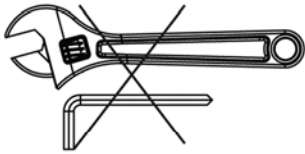
③① × 8		M10x2 3/4"
③④ × 8		M10x2 1/2"
③⑤ × 8		φ1 1/8"×φ3/8"
③⑥ × 8	 	M10
③⑦ × 8		φ3/4"×φ3/8"
④① × 8	 	M10
④② × 8		φ3/4"×φ3/8"



- ③① × 4  M10x2 3/4"
- ③② × 2  M10x2 1/4"
- ④① × 6   M10
- ④② × 6  φ3/4"x3/8"
- ④④ × 2  φ1 1/8"x3/8"

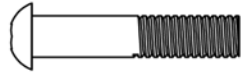


- ③③ × 1  M10x6 7/8"
- ③⑧ × 2  M10x3/4"
- ④① × 1   M10
- ④② × 4  φ3/4"xφ3/8"



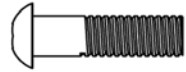
3

39 × 4



M8x1 1/2"

40 × 4

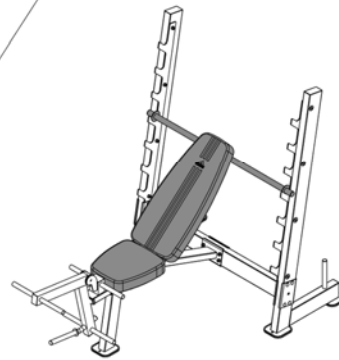
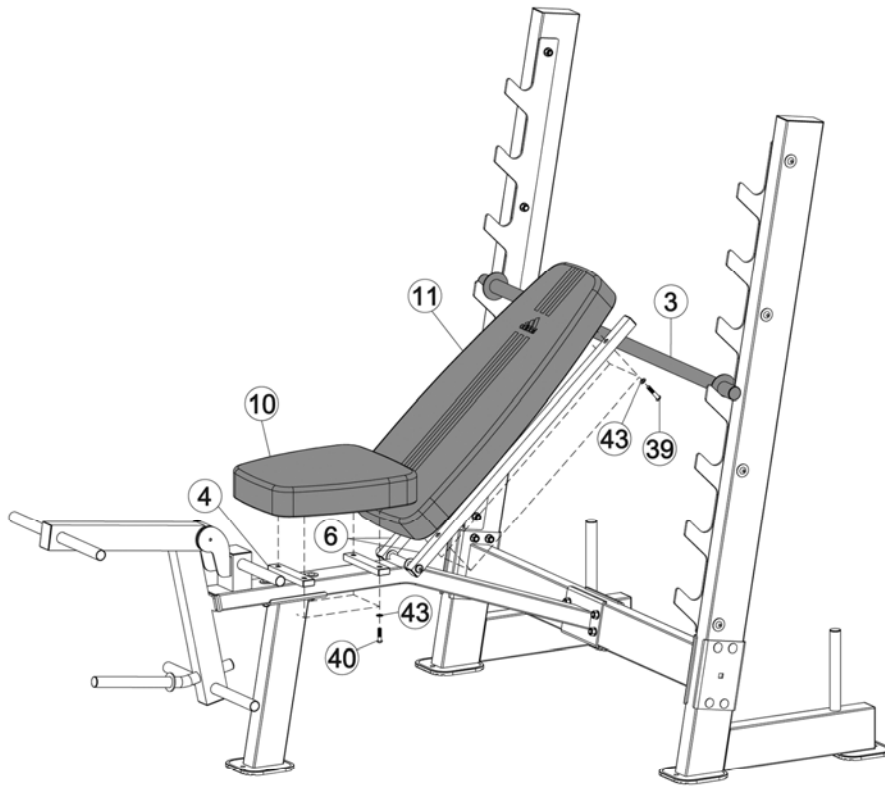
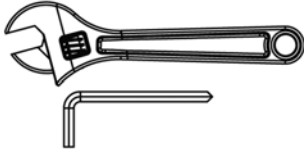


M8x1 1/8"

43 × 8

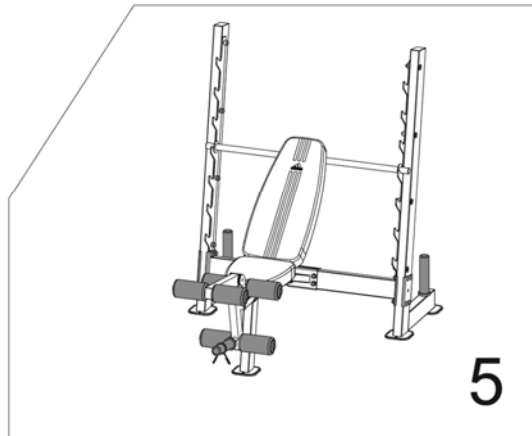
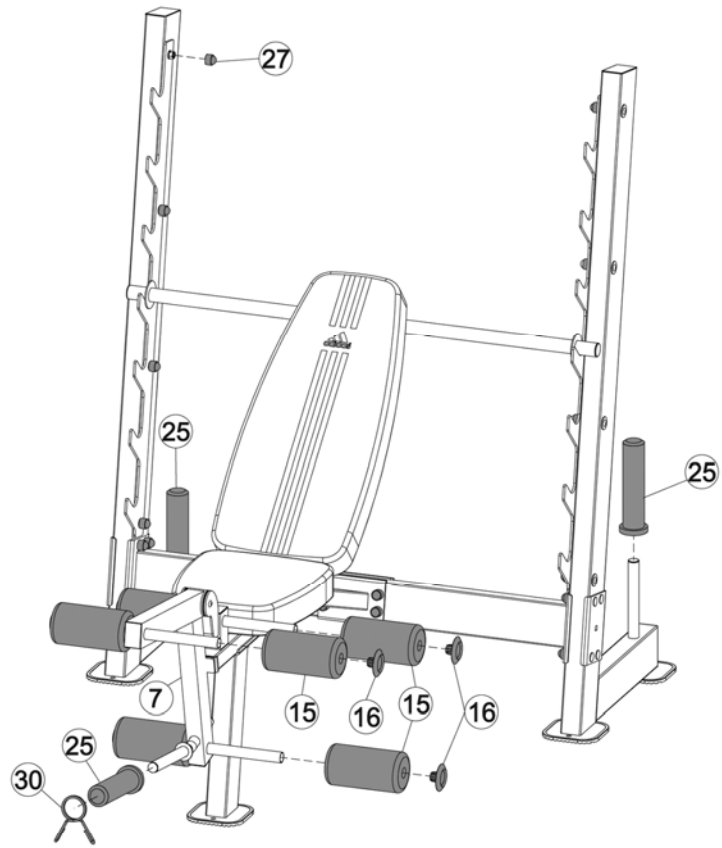


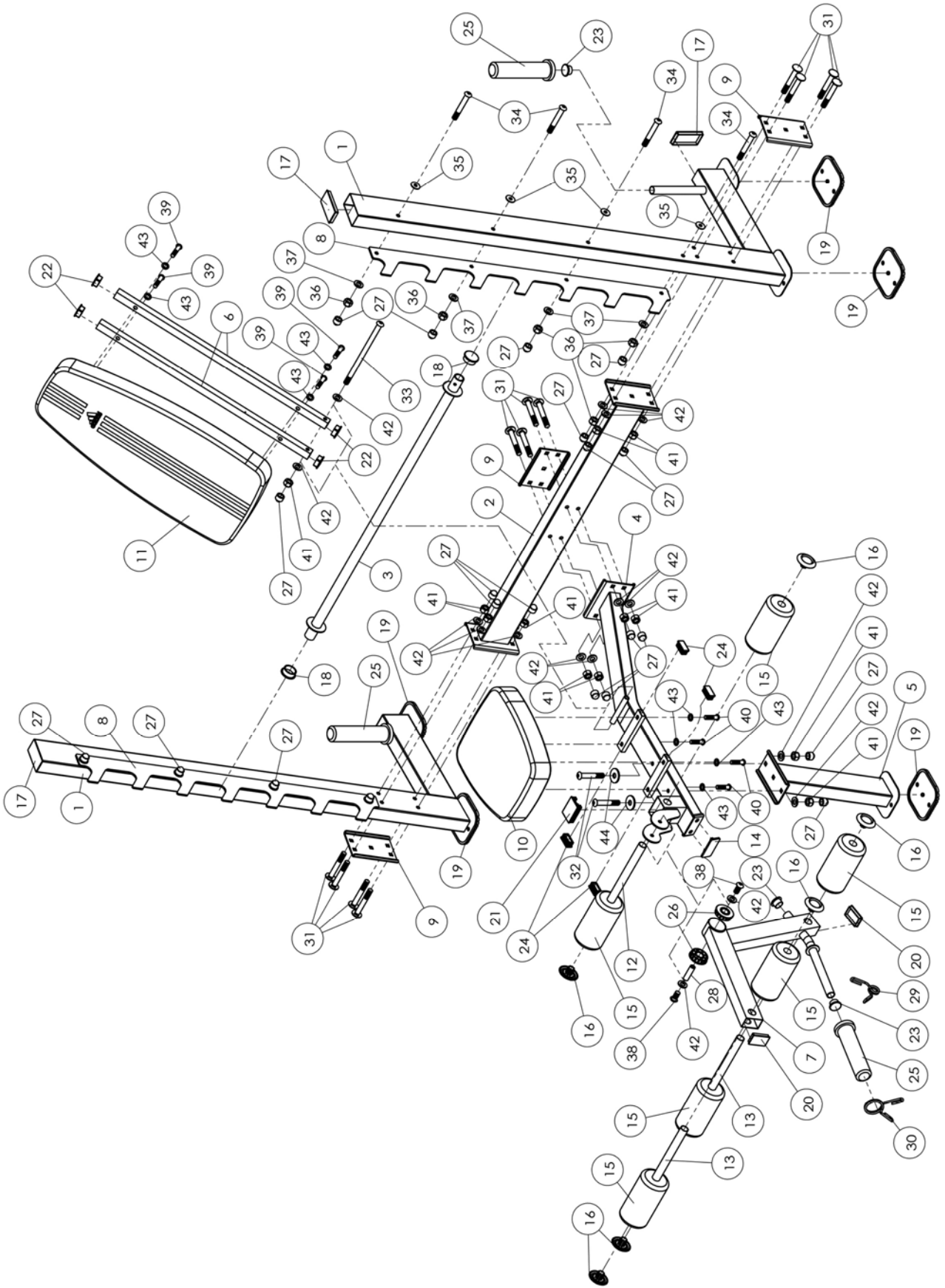
φ5/8"x1/4"



Ⓜ27 × 23 Ⓜ

M10





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